

This unit will focus on main conditions and symptoms of mental illnesses that are prevalent in the homeless population, on how they impact functionality of an individual along with direct testimonies of people living with such conditions.

We will talk about the difference between cure and recovery, the importance of peer supporters in fostering the recovery process, and how sharing common backgrounds can be useful in breaking the ice with new clients.

Having a basic knowledge of symptoms associated with mental diseases will be helpful for a better understanding of the difficulties that recovering people will be facing along the way.



WEEKLY DIGEST Nº4

JCS Training Program
Mental Health and recovery

Prevalence of mental illness among the homeless

Data shows that prevalence of common mental health problems is over twice as high among the homeless population compared to general population, while the probability of developing psychosis can be from 4 to 15 times higher for people affected by social marginalization.

How to recognize mental conditions and approach clients

The content of this chapter will provide useful information to recognize the sympthoms of most common mental illnesses, such as:

- Anxiety disorder
- Attention Deficit Hyperactivity disorder (ADHD)
- Bipolar disorder
- Depression
- Personality disorder
- Post-Traumatic Stress Disorder (PTSD)
- Schizophrenia and other psychotic disorders
- Substance abuse and addiction

If you want to know more about mental illnesses in the homeless population, check the link below

Homelessness and Mental Illness: A Challenge to Our Society

